

ΠΟΛΗ	GRAFTS ΗΡΑΚΛΕΙΟΥ 2019 2020 HELLAS	
ΓΝΩΣΤΙΚΟ ΠΕΔΙΟ ΕΙΔΙΚΟΤΗΤΑ	PERSONAL TRAINING level 1-2-3	
ΕΚΠΑΙΔΕΥΤΙΚΗ ΕΒΔΟΜΑΔΑ		
18-19-20/10/2019	7th GRAFTS FITNESS SUMMIT 2019 (ΑΘΗΝΑ) ΤΕΛΕΤΗ ΕΝΑΡΞΗΣ 2019 2020 & ΑΠΟΦΟΙΤΗΣΗΣ 2018 2019	
26-27/10/2019		
02-03/11/2019		
09-10/11/2019		
16-17/11/2019	CORE FITNESS Pro level 1	CORE FITNESS Pro level 1
23-24/11/2019	PERSONAL TRAINING Pro level 1	PERSONAL TRAINING Pro level 1
30/11-01/12/2019	PERSONAL TRAINING Pro level 1	PERSONAL TRAINING Pro level 1
07-08/12/2019		REVIEW PT level 1
14-15/12/2019	CORE FITNESS Adv level 2	CORE FITNESS Adv level 2
21-22/12/2019	PERSONAL TRAINING Adv level 2	PERSONAL TRAINING Adv level 2
28-29/12/2019	Χριστούγεννα	
04-05/01/2020		
11-12/01/2020	PERSONAL TRAINING Adv level 2	PERSONAL TRAINING Adv level 2
18-19/01/2020		REVIEW PT level 2
25-26/01/2020	PERSONAL TRAINING Elite level 3	PERSONAL TRAINING Elite level 3
01-02/02/2020	PERSONAL TRAINING Elite level 3	PERSONAL TRAINING Elite level 3
08-09/02/2020		REVIEW PT level 3
15-16/02/2020		
22-23/02/2020		EXAMS PT 1-2-3
29/02-01/03/2020	Κ.Δευτέρα	
07-08/03/2020		
13-14-15/03/2020	29th IHFC 2020 ΘΕΣΣΑΛΟΝΙΚΗ	
21-22/03/2020		
28-29/03/2020		
04-05/04/2020		
11-12/04/2020		
18-19/04/2020	Πάσχα	